BUCKEYE AQUATIC INFORMATION



MAKE A SPLASH Start building your swimming skills today

The City of Buckeye offers a wide variety of swim lessons teaching participants safety and swimming skills at different levels. It is important for the student to be registered in the proper level. Please use the age guidelines and class guidelines to help determine the appropriate level. Participants must meet the skill requirements to remain the appropriate level and will need to be able to perform the required skills of that level to advance. Participants enrolled in the incorrect level may not be able to be accommodated.

NOTE: A minimum of 4 participants is required to conduct the class. Children not potty trained <u>MUST</u> wear <u>SWIM DIAPERS</u> under swimsuit. REGULAR DIAPERS ARE NOT PERMITTED IN THE POOL.

Registrations are accepted on-line at www.buckeyeaz.gov/recreation (login required)

Starting Wednesday, April 1st

Or at the Dr. Saide Recreation Center (1003 E. Eason) * Mon-Fri * 9am-7pm Starting Monday, April 20th

PARENT & CHILD LESSONS

Parent Tot (6months – 2yrs)

(1:12 ratio) 1 parent per child.

This course introduces infants and toddlers to the water and develops swimming adiness by leading parents and children 19th water acclimation activities. This lass is not a swimming lesson.

reschool Prep (2yrs - 3yrs)

(1:5 ratio) 1 parent per child.

This course is designed to develop child's trust with an instructor while being without parent in the water. Class will teach swim readiness and encourage children to learn the following skills.

- Water Acclimation
- Flutter Kick
- Breath Control
- Basic Surface Swimming Progression
- Pop Up Breath
- How to turn around from a seated entry and reach for wall
- How to swim a U-Turn back to the side of the pool after entering from a standing position and leveling off

SWIM DIAPERS RECILIRED

PRESCHOOL LESSONS

Preschool 1 (3yrs - 5yrs)

(1:5 ratio) Your child is ready for the class if he/she is able to:

- Be comfortable in the water without a parent
- Listen and follow simple instruction

SWIM DIAPERS REQUIRED

Preschool 2 (3yrs - 5yrs)

(1:5 ratio) Your child is ready for the class if he/she is able to:

- Enter the water independently
- Jump off the side to the instructor
- Submerge face & blow bubbles for 3 seconds
- · Back float for 3 sec with assistance
- Retrieve submerged items in shallow water
 SWIM DIAPERS REQUIRED

Preschool 3 (3yrs - 5yrs)

(1:6 ratio) This class is conducted in deep water. Your child is ready for the class if he/she is able to:

- Be comfortable in deep water (cannot touch the bottom)
- Back float for 3 sec without assistance
- Push off the wall and front streamline kick to the instructor for 5 yards.

SWIM DIAPERS REQUIRED



SCHOOL AGE LESSONS

Level 1 (5yrs - 12yrs)

(1:5 ratio) Children are required to put their face in the water. Your child is ready for the class if he/she is able to:

- · Be comfortable in the water
- Listen and follow simple instruction

Level 2 (5yrs - 12yrs)

(1:5 ratio) Your child is ready for the class if he/she is able to:

- Enter the water independently
- Jump off the side into shoulder deep water
- · Back float for 3 sec with assistance
- Front streamline kicking off the wall for 5 yards

Level 3 (5yrs - 12yrs)

(1:6 ratio) This class is conducted in deep water. Your child is ready for the class if he/she is able to:

ront float for 3 sec and then roll onto ck float without assistance for 3 sec m 10 yards backstroke 10 yards freestyle

Level 4 (5yrs - 12yrs)

`ratio) This class is conducted in deep water. Your child is ready for the class if he/she is able to:

- Jump into deep water from wall, recover and swim back to edge of the pool
- Maintain position by floating for 30 sec
- Freestyle for 25 yards (length of pool)
- Backstroke for 25 yards (length of pool)
- Swim 10 yards breaststroke kick

INCLEMENT WEATHER POLICY

The aquatic center will be closed during electrical storms and other inclement weather. If the pool is closed and lessons, classes, programs or open swim time are cancelled, refunds will NOT be given and make up classes will NOT be offered.

Alwave call ahead to verify nool closures

SPECIALITY LESSONS

Swim Team Prep (8yrs - 17yrs)

(1:10 ratio) This class is designed to teach participants how to further coordinate and refine proper competitive swim stokes. Strokes will include freestyle,

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Learn to Dive (8yrs - 17yrs)

(1:8 ratio)Diving class will focus on the basic diving skills, diving safety, proper techniques, flexibility and fun. This class is geared towards the beginner diver who has had little to no instruction. Participants should be comfortable in deep water, be able to dive in head first and able to swim 50 yards or has completed Level

4

Teen/Adult (12yrs +)

(1:6 ratio) This class is geared towards teens and adults who want to learn the basics and/or want to improve their swimming techniques.

Private or Semi Private Lessons (any age)

This class is for all ages and all abilities. Instructor structures the class based on the individual's skill level and class size. Groups (up to 3) can take lessons together upon request. Classes are based on pool availability. Contact Erin Fort at 623-349-6357 or efort@buckeyeaz.gov

Adaptive Lessons (any age)

This class is for individuals with physical and developmental disabilities. Class emphasizes water safety and foundational swimming concepts. 10-15 minutes of uninstructed playtime is provided at the end of class for participants to learn through play.



REFUND POLICY

It is the City of Buckeye – Recreation Division policy that no refunds will be issued after the start of the course. All refunds must be requested 4 business days prior to the start.

Swim Lesson Schedule

On-line Registration begins Wednesday, April 1st at 7am Walk in Registration begins Monday, April 20th @ 9am

MORNING CLASSES – MONDAY THROUGH THURSDAY						
	Session I	Session II	Session III	Session IV	Session V	Session VI
Class Times	5/11- 5/21 evening classes only	5/25 - 6/4	6/8 – 6/18	6/22 – 7/2	7/6 – 7/16	7/20 – 7/30
8-8:30am		Parent Tot	Parent Tot	Parent Tot	Parent Tot	Parent Tot
8:30-9am		Level 2	Level 2	Pre-1	Pre-1	Level 1
		Adaptive	Pre-3	Level 2	Level 2	Level 2
8:45-9:15am		Pre-1	Pre-1	Pre-2	Pre-2	Pre-2
			Pre-2	Level 3	Level 3	Level 3
9-9:30am		Level 1	Level 1	Level 1	Level 1	Pre-1
			Level 4	Level 4	Level 4	Level 4
9:15-9:45am		Pre-2	Pre-2	Pre-3	Pre-3	Pre-3
			Level 2	Level 2	Level 3	Level 2
9:30-10am		Level 3	Level 1	Pre-2	Pre-2	Pre-1
			Level 3	Pre-1	Level 1	Pre-2
9:45-10:15am		Pre-1	Pre-1	Pre-1	Pre-1	Level 1
			Pre-2	Level 3	Level 4	Level 3
10-10:30am		Pre-3	Pre-3	Pre-3	Pre-3	Level 2
			Level 2	Level 2	Level 2	Level 4
10:15-10:45am		Level 1	Pre-1	Pre-2	Pre-2	Pre-2
			Level 1	Level 1	Level 1	Pre-3
10:30-11am		Teen/Adult	Swim Team Prep	Swim Team Prep	Swim Team Prep	Swim Team Prep
			Teen/Adult	Teen/Adult	Teen/Adult	Teen/Adult
10:45-11:15am		Swim Team Prep	Adaptive	Adaptive	Adaptive	Adaptive
10:45-11:15am		Swiiii Teaiii Fiep	Level 1	Level 1	Level 2	Level 3
			LCVCI I	LCVCI I	LCVCI Z	LOVOI J
11-11:30am		Preschool Prep	Preschool Prep	Preschool Prep	Preschool Prep	Preschool Prep
		Learn to Dive	Learn to Dive	Learn to Dive	Learn to Dive	Learn to Dive

EVENING CLASSES – MONDAY THROUGH THURSDAY

*Session 3 evening class on June 18th will be moved to Friday, June 19th *Session 3 evening class on July 2nd will be moved to Friday, July 3rd

*Session 3 evening class on July 2** will be moved to Friday, July 3**							
	Session 1		Session 2	Session 3	Session 4	Session 5	Session 6
Class Times	5/11 – 5/21	Class Times	5/25 - 6/4	6/8 – 6/19 No class 6/18	6/22 - 7/3 No class 7/2	7/6 – 7/16	7/20 - 7/30
4:30-5pm		5:15-5:45pm					
	Parent Tot		Parent Tot	Parent Tot	Parent Tot	Parent Tot	Parent Tot
5-5:30pm			Teen/Adult	Teen/Adult	Teen/Adult	Teen/Adult	Teen/Adult
	Preschool Prep		Learn to Dive	Learn to Dive	Learn to Dive	Learn to Dive	Learn to Dive
5:30- 6pm		5:30-6pm					
	Pre-1		Pre-3	Pre-3	Pre-3	Pre-3	Pre-3
	Level 2		Level 2	Level 2	Level 2	Level 2	Level 2
6-6:30pm		5:45-6:15pm					
	Level 1		Pre-1	Pre-1	Pre-1	Pre-1	Pre-1
	Pre-2		Level 4	Level 4	Level 4	Level 4	Level 4
6:30-7pm		6-6:30pm					
	Level 1		Level 1	Level 1	Level 1	Level 1	Level 1
			Level 2	Level 2	Level 2	Level 2	Level 2
			Pre-2	Pre-2	Pre-2	Pre-2	Pre-2
		6:15-6:45pm					
			Level 3	Level 3	Level 3	Level 3	Level 3
			Adaptive	Adaptive	Adaptive	Adaptive	Adaptive
		6:30-7pm					
			Level 1	Level 1	Level 1	Level 1	Level 1
			Preschool Prep	Preschool Prep	Preschool Prep	Preschool Prep	Preschool Prep
			Swim Team Prep	Swim Team Prep	Swim Team Prep	Swim Team Prep	Swim Team Prep

	SATURDAY CLASSES				
	Session I	Session II			
Class Times	May 30 – June 20	July 11 – Aug 1			
9-9:45am	Parent Tot	Parent Tot			
	Teen/Adult	Teen/Adult			
9:45-10:30am	Pre-2	Pre-2			
	Adaptive	Adaptive			
	Swim Team Prep	Swim Team Prep			
10:30-11:15am	Level 1	Level 1			
	Pre-1	Pre-1			
	Level 3	Level 3			
	Level 4	Level 4			
11:15-12pm	Preschool Prep	Preschool Prep			

Level 2	Level 2
Pre-3	Pre-3
Learn to Dive	Learn to Dive

Opening Day is Saturday, May 23rd

AQUATIC PROGRAMS & HOURS

Beat the heat this summer at the Buckeye Aquatic Center. Our facility offers a zero depth, beach front area with water features, a 10-foot high dive, low dive and an awesome 160 foot water slide! The Aquatic Center offers a variety of programs, including lap swim, swim lessons, Bullfrog rec swim team, high school swim clinic, lifeguard certification course, junior lifeguard program, shallow water aerobics, tot swim time, teen splash nights, night swim and open swim hours. Don't miss out on the summer's coolest place to be for family-friendly fun in the City of Buckeye.

Open Swim - \$2 per person

Enjoy the water features, high dive, low dive and water slide. Children under 42" inches must be accompanied by an adult 18 years and older. Entry fee is required for all entering the aquatic center, regardless if swimming or not.

May 23 - Aug 8	M-Sat	12-5 p.m.
Aug 9 – Aug 30	Sat, Sun	12-6 p.m.
Labor Day, Sept 7	M	12-6 p.m.

^{*} OPEN SWIM CLOSES @ 3:30 p.m. on June 18th & July 2nd

Night Swim - \$2 per person

Come enjoy the hot summer nights swimming under the stars enjoying the fun features at the aquatic center. Children under 42" inches must be accompanied by an adult 18 years and older. Entry fee is required for all entering the aquatic center, regardless if swimming or not.

May 25-Aug 26	M,W	7-9 p.m.
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Tot Swim Time - \$2 per person

This special time is strictly reserved just for parents and little swimmers 5yrs and under to enjoy the shallow beachfront pool including water features.

May 29-Aug 28	F	8:30-10:30 a.m.
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Water Aerobics - \$1 per person or \$40 pass

Walking, running, jumping and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate, providing a cardiovascular and strength building workout.

Lap Swim - \$1 per person or \$40 pass Swimming laps is an excellent way to strengthen muscles and increase cardio endurance at your own pace.

May 4-Sept 25	M-F	7:30-8:30 a.m.	
May 30 -Aug 1*	Sat	9 a.m12 p.m.	
May 25 – July 30	M-Th	5:15 – 6:45 p.m.	

^{*} NO LAP SWIM 6/18 & 7/2 (PM) or Sat. 6/27 & 7/4

Teen Splash Nights (12-15 years)

Come take a dive off our high dive, slide down the awesome slide or lounge pool side with your friends. Each night teens and preteens are invited for a night of music, games, swimming and FUN! Admission fee includes hot dog and punch. Ages 12-15 years old, school ID may be required. Pre-register online at www.buckeyeaz.gov/recreation and save!

May 15	F	6-9 p.m.
June 26	F	6-9 p.m.
July 24	F	6-9 p.m.
Aug 14	F	6-9 p.m.

Pre-Registration Fee - \$4 per person Door Fee - \$7 per person

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AQUATIC SEASON PASS

High School Swim Clinic (Grades 9-12) Resident \$30 / Non-Resident \$40

Take advantage of this opportunity for beginner and experienced swimmers to learn new and exciting swimming techniques and workouts preparing them for a successful high school swimming season. Swimmers will be taught stroke technique and refinement, injury prevention, nutrition and competitive swimming training. Choose a morning clinic or evening clinic, whichever fits your schedule best. Registration is required to participate. Clinic is for youth that are entering or currently in High School.

July 20 th – July 31 st	M - F
Morning Clinic	8:30-10:30 a.m.



Resident \$50 / Non-Resident \$60

Allows youth ages 11-14 yrs old to learn basic lifeguard responsibilities and aquatic safety emphasizing teamwork and leadership skills. Participants will learn lifeguard rescue techniques and responsibilities, CPR, First Aid, swim lesson overview and aquatic skills. Once the course is completed, additional training and volunteer hours are available. Participants must attend entire course and be prepared for swimming and lecture each day. Class will meet at the Dr. Saide Recreation Center - 1003 E. Eason Ave.

Pre-requisites:

- * Swim 25 yards continuously
- * Tread water for 1 minute, using legs and arms
- * Swim under water for 10 feet.

May 25 th - June 4 th	M-TH	9 a.m12
		p.m.

Bullfrog Recreation Swim Team Resident \$50 / Non-Resident \$60

The Buckeye Bullfrog Swim Team's goal is to provide an atmosphere that cultivates good sportsmanship for participants while encouraging them to have fun with their friends and learn new skills. The Bullfrogs team participates in the MarWest league which provides participants the opportunity to compete in swim meets on Thursday evenings and Saturday mornings. Please see below for a schedule of age/skill level groups. Swim team is for youth 5 – 18 years old that can enter the water independently and swim 25 yards (length of the pool). Mandatory Parent Meeting: Saturday, May 30th at 9 am at the Aquatic Center.

Practice Schedule Beginning May 25			
AM Age Groups	Times	Days	
15-18 yrs	7-8 a.m.	M,T, W, F	
13-14 yrs	8-9 a.m.	M,T, W, F	
11-12 yrs	9-10 a.m.	M,T, W, F	
9-10 yrs	10-11 a.m.	M,T, W, F	
7-8 yrs	11-11:45 a.m.	M,T, W, F	
5-6 yrs	10-10:30 a.m.	M,T, W, F	

Please note that the Bullfrog season will start with evening practices for all from May 11-May 22. Practice accommodations may also be arranged for those participants that don't get out of school until the end of May.

Practice Schedule May 11 th – May 22 rd		
13-18 yrs	6-7 p.m.	
11-12 yrs	5-6 p.m.	
7-10 yrs	4:15-5 p.m.	

AQUATIC EMPLOYMENT OPPORTUNITIES

American Red Cross Lifeguard Certification

Resident \$150 / Non-Resident \$175

The course content and activities prepare participants to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries. Registration form for the certification class does not necessarily mean participation in the class. Students must successfully pass the pre-water skills test to take participate in class. Upon successful completion, participants will receive a certificate for Lifeguarding/First Aid (valid for 3 years) and CPR/AED for the Professional Rescuer (valid for 2 years). This is a 30-hour course. Class size is limited so register early! Please come prepared to swim each class session. *This course requires a minimum of 6 registrations & attendance at all classes is mandatory!

Pre-requisites:

- * 15 years old (by the last day of class)
- * Swim 300 yards continuously
- * Tread water for 2 minutes, legs only
- * Starting in the water, swim 20 yards using front crawl or breaststroke, surface dive 7-10 feet, retrieve a 10-pound object, return to the surface, swim 20 yards back to the starting point with the object and exit the water without using a ladder or steps, within 1 minute and 40 seconds.

Pre-Test	March 9 th	M	8a.m.
Class	March 9 th – March 13 th	M-F	8a.m5 p.m.

^{*}Certification is awarded after successfully completing the exams.

Failure to pass final skills tests and written exams does not allow for refunds.

*\$35 is non-refundable if participant does not pass pre-water skills test.

SEEKING!

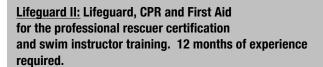
Reliable, dedicated, hard working individuals interested in becoming a part of our aquatic team!

There are multiple opportunities at the Aquatic Center for employment this upcoming summer. We will be looking for part-time employees, ages 16 years and older to contribute to our amazing staff and programs. Positions are seasonal part-time and include cashiers, lifeguards, swim instructors and assistant supervisors. These positions are temporary however; incumbents must be available to work during the summer season (May – Sept).

If you are interested in becoming a part of or our lifeguard training course

Information about Aquatic Positions <u>Cashiers:</u> Food Handlers certification required.

<u>Lifeguard I:</u> Lifeguard, CPR and First Aid for the professional rescuer certification required.



Assistant Manager: High School diploma or GED and two (2) years Lifeguard experience required. Must possess Maricopa County Food Handler's Card. Two (2) years experience as a swim lesson instructor preferred. Must be at least 18 years of

Aquatic Center Facility Rentals

Private or Group pool reservations are available at the Buckeye Aquatic Center. All pool reservations are first come first serve and require a \$50 deposit fee. End of year school party reservations are available May 11th – May 22nd. Rental applications are available at www.buckeyeaz.gov/aquatics. All group or private group rental applications are to be submitted at the Recreation Center 1003 E. Eason Ave. Buckeye, AZ 85326 Monday – Friday 9 am – 7 pm. For additional inquiries about pool rentals, please call 623-349-6350 or email jthompson@buckeyeaz.gov.

Private Rentals	\$50 deposit required at time of reservation, 2 hour minimum reservation required.		
Fee:	Residents \$100 / hour, Non-Resident \$125 / hour		
Availability:			
May 22^{nd} – Aug 28^{th}	Fridays	5:30-9:30p.m.	
May 23 rd – Aug 29 th	Saturdays	5:30-9:30p.m.	
Group Rentals	Rentals are available during open swim times. Reserved areas are available for group rentals upon request.		
Fee:	\$1.50 per guest (min of 15 people)		
Availability:			
May 26 th – Aug 8 th	Mon-Sat	12-5p.m.	
Aug 9 th – Aug 30 th	Sat & Sun	12-6p.m.	